

Ethanol Blocks Long-Term Potentiation of GABAergic Synapses in the Ventral Tegmental Area Involving μ -Opioid Receptors

Yan-zhong Guan^{1,2} and Jiang-Hong Ye^{*1,2}

¹Department of Anesthesiology, University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Newark, NJ, USA; ²Department of Pharmacology and Physiology, University of Medicine and Dentistry of New Jersey, New Jersey Medical School, Newark, NJ, USA

It is well documented that ethanol exposure alters GABA (γ -aminobutyric acid)-releasing synapses, and ethanol addiction is associated with endogenous opioid system. Emerging evidence indicates that opioids block long-term potentiation in the fast inhibitory GABA_A receptor synapses (LTP_{GABA}) onto dopamine-containing neurons in the ventral tegmental area (VTA), a brain region essential for reward-seeking behavior. However, how ethanol affects LTP_{GABA} is not known. We report here that in acute midbrain slices from rats, clinically relevant concentrations of ethanol applied both *in vitro* and *in vivo* prevents LTP_{GABA}, which is reversed, respectively, by *in vitro* and *in vivo* administration of naloxone, a μ -opioid receptor (MOR) antagonist. Furthermore, the blockade of LTP_{GABA} induced by a brief *in vitro* ethanol treatment is mimicked by DAMGO ([D-Ala², N-MePhe⁴, Gly-o]-enkephalin), a MOR agonist. Paired-pulse ratios are similar in slices, 24 h after *in vivo* injection with either saline or ethanol. Sp-cAMPS, a stable cAMP analog, and pCPT-cGMP, a cGMP analog, potentiates GABA_A-mediated inhibitory postsynaptic currents in slices from ethanol-treated rats, indicating that a single *in vivo* ethanol exposure does not maximally increase GABA release, instead, ethanol produces a long-lasting inability to generate LTP_{GABA}. These neuroadaptations to ethanol might contribute to early stage of addiction.

Neuropsychopharmacology (2010) 35, 1841–1849; doi:10.1038/npp.2010.51; published online 14 April 2010

Keywords: addiction; plasticity; mesolimbic system; IPSCs

INTRODUCTION

Addiction is caused, in part, by powerful and long-lasting memories of the drug experience, and the long-term changes in chemical synaptic action in response to drug administration are believed to be candidate mechanisms (Hyman and Malenka, 2001; Hyman *et al*, 2006; Kauer and Malenka, 2007). It has been well documented that exposure to abused drugs can induce long-term changes in excitatory synapses. Emerging evidence indicates that exposure to opioids, by the activation of μ -opioid receptors (MORs) also induced long-term changes in inhibitory GABA (γ -aminobutyric acid)-releasing synapses (LTP_{GABA}) on dopamine neurons in the ventral tegmental area (VTA), a brain region critical for reward and drug abuse (Nugent *et al*, 2007). The MORs in VTA are mostly expressed in GABAergic neurons (Mansour *et al*, 1995; Steffensen *et al*, 1998; Garzon and

Pickel, 2001). Activation of MORs hyperpolarizes and inhibits VTA GABAergic neurons (Di Chiara and North, 1992; Johnson and North, 1992b; Margolis *et al*, 2003).

Recent electrophysiological evidence indicates that both *in vivo* and *in vitro* exposure to ethanol profoundly altered GABAergic transmission to dopamine neurons in the VTA (Gallegos *et al*, 1999; Melis *et al*, 2002; Xiao *et al*, 2007b; Theile *et al*, 2008, 2009; Xiao and Ye, 2008). Several lines of evidence indicate that ethanol's action on neurons in the VTA involves MORs. Ethanol enhances the release of β -endorphin, which activates MORs in the VTA and several other brain regions (Stein, 1993; Herz, 1997; Mendez *et al*, 2003; Marinelli *et al*, 2004; Lam *et al*, 2008; Jarjour *et al*, 2009). Selective MOR antagonists reduce ethanol consumption (Krishnan-Sarin *et al*, 1998; Kim *et al*, 2000; Hyytia and Kiianmaa, 2001; Margolis *et al*, 2008). Naloxone, a MOR antagonist strongly attenuated ethanol-induced inhibition of VTA GABAergic neurons and ethanol-induced excitation of VTA dopamine neurons (Xiao *et al*, 2007b; Xiao and Ye, 2008). However, there are no studies directly examining ethanol's effects on LTP_{GABA}. The objective of current study was to determine whether *in vitro* and *in vivo* exposure to ethanol affects LTP_{GABA} on dopamine neurons in the VTA.

*Correspondence: Dr J-H Ye, Department of Anesthesiology, UMDNJ, New Jersey Medical School, 185 South Orange Avenue, Newark, NJ 07103, USA, Tel: + 1973-972-1866, Fax: + 1973-972-4172, E-mail: ye@umdnj.edu
Received 14 December 2009; revised 5 March 2010; accepted 21 March 2010

MATERIALS AND METHODS

All experiments were performed in accordance with the National Institutes of Health Guide for the Care and Use of Laboratory Animals, and they were approved by the Institutional Animal Care and Use Committee of the University of Medicine and Dentistry of New Jersey (Newark, NJ). The experiments were carried out on Sprague–Dawley rats.

Slice Preparation

The midbrain slices were prepared as described previously (Xiao and Ye, 2008). Briefly, Sprague–Dawley rats (21–35 days old) were anesthetized and then killed. Coronal midbrain slices (200–250 μm thick) were cut using a VF-200 slicer (Precisionary Instruments, Greenville, NC). They were prepared in an ice-cold glycerol-based artificial cerebrospinal fluid (ACSF) containing 250 mM glycerol, 1.6 mM KCl, 1.2 mM NaH_2PO_4 , 1.2 mM MgCl_2 , 2.4 mM CaCl_2 , 25 mM NaHCO_3 , and 11 mM glucose, and saturated with 95% O_2 /5% CO_2 (carbogen) (Ye *et al.*, 2006). Slices were allowed to recover for at least 1 h in a holding chamber at 32°C in carbogen-saturated regular ACSF, which has the same composition as glycerol-based ACSF, except that glycerol was replaced by 125 mM NaCl.

Electrophysiological Recordings

Electrical signals were obtained in whole-cell configurations using MultiClamp 700A (Molecular Devices, Union City, CA), Digidata 1320A A/D converter (Molecular Devices), and pCLAMP 9.2 software (Molecular Devices). The patch electrodes had a resistance of 2–5 M Ω when filled with the pipette solution containing 125 mM KCl, 2.8 mM NaCl, 2 mM MgCl_2 , 0.6 mM EGTA, 10 mM HEPES, 2 mM ATP-Na, and 0.3 mM GTP-Na. The pH was adjusted to 7.2 with Tris buffer base and osmolarity to 300 mOsmol/l with sucrose. A single slice was transferred into a 0.4 ml recording chamber, where it was held down by a platinum ring. Warm carbogenated ACSF flowed through the bath (1.5–2.0 ml/min). All recordings were carried out at 32°C, maintained by an automatic temperature controller (Warner Instruments, Hamden, CT).

Under infrared video microscopy (E600FN; Nikon Corporation, Tokyo, Japan), the VTA was identified medial to the accessory optic tract and lateral to the fasciculus retroflexus. Currents were recorded using whole-cell mode. Experiments were carried out only after series resistance had stabilized. Series resistance and input resistance were monitored continuously online with a -4 mV hyperpolarizing step (50 ms), which was given after every afferent stimulus, and experiments were discarded if these values changed by 20% during the experiment. Dopamine neurons were identified by the presence of a large I_h current (Johnson and North, 1992b) that was assayed immediately after break-in, using a series of incremental 10 mV hyperpolarizing steps from a holding potential of -50 mV. Specifically, if the steady-state h -current was greater than 60 pA during a step from -50 to -100 mV, the neuron was considered a dopamine neuron. A recent study showed that expression of I_h alone is not sufficient to identify dopamine cells

unequivocally (Margolis *et al.*, 2006), however, refer the review by Chen *et al.* (2008). Therefore, in each set of our experiments, a subset of the neurons recorded from and reported here are possibly nondopaminergic neurons (Nugent *et al.*, 2009).

GABAergic IPSCs were recorded from the dopamine neurons in the presence of 6,7-dinitroquinoxaline-2,3-dione (DNQX, 10 μM), an AMPA receptor antagonist, and strychnine (1 μM), a glycine receptor antagonist. Neurons were voltage clamped at a membrane potential of -70 mV except where noted. GABA_AR-mediated IPSCs were stimulated at 0.1 Hz using a bipolar stainless steel-stimulating electrode placed 200–400 μm away from the recording site in VTA. LTP_{GABA} was induced by stimulating afferents at 100 Hz for 1 s, the train was repeated twice, 20 s apart (high-frequency stimulation; HFS). After recording the baseline currents, during the drug application and washout, synaptic stimulation was stopped and the recorded neuron was taken from voltage-clamp into bridge mode. The HFS trains were also delivered under bridge mode.

Data were filtered at 1 kHz, sampled at 5 kHz, collected online using pCLAMP 9.2 software (Molecular Devices), stored on a computer, and analyzed offline. The amplitudes of IPSCs were calculated by taking the mean of a 2–4 ms window around the peak and comparing this with the mean of a 2–8 ms window immediately before the stimulation artifact using Clampfit 9.2 software (Molecular Devices).

Chemicals and Applications

Drugs were added to the superfusate at final concentrations. Most of the chemicals were obtained from Sigma-Aldrich Chemical Company (St Louis, MO). Ethanol (95% (v/v), prepared from grain and stored in glass bottles) was from Pharmco products (Brookfield, CT). Ethanol and other chemicals were applied to the recorded neurons at the stated concentrations through bath perfusion.

Data Analysis

Data are presented as means \pm SEM. Significance was determined using a Student's unpaired *t*-test with a significance level of $P < 0.05$. Levels of LTP are reported as averaged IPSC amplitudes for 5 min just before LTP induction compared with averaged IPSC amplitudes during the 5 min period from 20 to 25 min after HFS using a Student's *t*-test. Paired-pulse ratios (PPRs) (50 ms inter-stimulus interval) were measured over 5 min epochs of 30 IPSCs each, as previously described (Ye *et al.*, 2004; Xiao *et al.*, 2007a).

In Vivo Ethanol Treatment

Rats (21–35 days old) were maintained on a 12 h light/dark cycle, and provided food and water *ad libitum*. For the groups receiving *in vivo* treatments, rats were injected intraperitoneally (i.p.) with either 2 g/kg ethanol or a comparable volume of saline, placed in a new cage for 2 h, and then returned to the home cage. They were killed for brain slice preparation, 24 h after injection.

RESULTS

In Vitro Exposure to Ethanol Blocks LTP_{GABA} in VTA Dopamine Neurons by the Activation of MORs

Evoked IPSCs were recorded from VTA dopamine neurons in midbrain slices in the presence of DNQX (10 μ M) and strychnine (1 μ M) at a holding potential of -70 mV. The IPSCs recorded under these experimental conditions were blocked by 10 μ M gabazine, a GABA_A receptor antagonist (not illustrated), indicating that they were mediated by GABA_A receptors. Consistent with previous reports (Nugent *et al*, 2007, 2009), HFS induced long-term potentiation of IPSC (LTP_{GABA}, Figure 1a). LTP_{GABA} was associated with a decrease in the PPR (Figure 1a, insets), suggesting that LTP_{GABA} is maintained by persistently increased GABA release, which is probably caused by high-frequency firing of the presynaptic GABAergic afferents (Nugent *et al*, 2007).

We then examined the effects of ethanol on LTP_{GABA}. Ethanol at a pharmacologically relevant concentration (40 mM) was bath applied for 15 min and then washed out for 6 min, which was followed with HFS. HFS failed to induce LTP_{GABA} under such experimental conditions (Figure 1b and c). In 11 experiments, in the absence of ethanol, the averaged peak amplitude of IPSC (IPSC1) elicited by the first stimulus of the paired pulse measured 20–25 min after HFS was $347 \pm 57\%$ of pre-HFS values (Figure 1c, open circles). After brief *in vitro* exposure to ethanol, it was $99 \pm 13\%$ of pre-HFS values (Figure 1c, filled circles). Ethanol also reversed the changes in PPR (in ACSF, PPR = 0.61 ± 0.10 of pre-HFS values: from 1.17 ± 0.13 in baseline to 0.71 ± 0.14 after HFS; $P < 0.05$; in ethanol, PPR = 0.98 ± 0.13 of pre-HFS values: from 1.23 ± 0.14 in baseline to 1.20 ± 0.13 after HFS, $P > 0.05$; Figure 1d). As mentioned, much evidence links ethanol's effect on VTA neurons with MORs. To determine whether activation of MORs during ethanol exposure contributes to ethanol-induced blockade of LTP_{GABA}, naloxone (5 μ M), a MOR competitive antagonist, was bath applied for 5 min before the application of the mixture containing naloxone (5 μ M) and ethanol (40 mM) for 15 min. HFS was delivered 6 min after washout of the mixture. Under these experimental conditions, the cells exhibited normal LTP_{GABA} (Figure 1e). In nine experiments, the averaged peak amplitude of IPSC1 measured 20–25 min after HFS was $219 \pm 66\%$ of pre-HFS values in cells exposed to ethanol plus naloxone (Figure 1f, open circles) *vs* $92 \pm 35\%$ of pre-HFS values in ethanol alone (filled circles, Figure 1f). The PPR was 0.68 ± 0.12 of pre-HFS values (from 1.22 ± 0.14 in baseline to 0.83 ± 0.12 after HFS) in cells exposed to ethanol plus naloxone. In further tests of the involvement of MORs, we applied the MOR agonist DAMGO ([D-Ala², N-MePhe⁴, Gly-ol]-enkephalin; 1 μ M) to the bath for 15 min. HFS was delivered 6 min after washout of the DAMGO solution. Under these experimental conditions, HFS failed to induce LTP_{GABA}, consistent with a previous report (Nugent *et al*, 2007) (Figure 1g). In six experiments, the averaged peak amplitude of IPSC1 measured 20–25 min after HFS was $102 \pm 11\%$ of pre-HFS values in cells exposed to DAMGO (Figure 1h). Together, these results provide strong support for the idea that suppression of LTP_{GABA} by ethanol was mediated by MORs at the level of the presynaptic terminals.

In Vivo Exposure to Ethanol Blocks LTP_{GABA} in VTA Dopamine Neurons by the Activation of MORs

A single *in vivo* ethanol exposure induced a long-lasting potentiation of VTA GABAergic synapses in VTA dopamine neurons of mice (Melis *et al*, 2002). We therefore asked whether *in vivo* exposure to ethanol also alters LTP_{GABA} of rats. Sprague–Dawley rats (21–35 days old) were treated with either ethanol (2 g/kg, i.p.) or saline (i.p.). After HFS in slices 24 h after ethanol injection, there was no LTP_{GABA} (Figure 2a). In 14 experiments, the averaged peak amplitude of IPSC1 was $93 \pm 21\%$ of pre-HFS values (Figure 2b, filled circles; Figure 2e, EtOH, $P > 0.05$ compared with pre-HFS values) and PPR was 1.02 ± 0.18 of pre-HFS values (from 1.04 ± 0.16 in baseline to 1.06 ± 0.10 after HFS, Figure 2f, EtOH, $P > 0.05$, compared with pre-HFS values). Conversely, slices from saline-treated animals exhibited normal LTP_{GABA}. In six experiments, the averaged peak amplitude of IPSC1 was $266 \pm 35\%$ of pre-HFS values (Figure 2b, open circles; Figure 2e, saline) and PPR was 0.65 ± 0.13 of pre-HFS values (from 1.20 ± 0.09 in baseline to 0.78 ± 0.11 after HFS, $P < 0.05$, Figure 2f, saline). Interestingly, the basal IPSCs from ethanol and saline-treated rats had indistinguishable PPR values (1.20 ± 0.05 in saline-treated *vs* 1.09 ± 0.05 in EtOH-treated rats, $P = 0.14$; Figure 2g). These data provide direct evidence that inhibitory synapses in the VTA dopamine neurons can no longer be potentiated by HFS 24 h after a single *in vivo* exposure to ethanol.

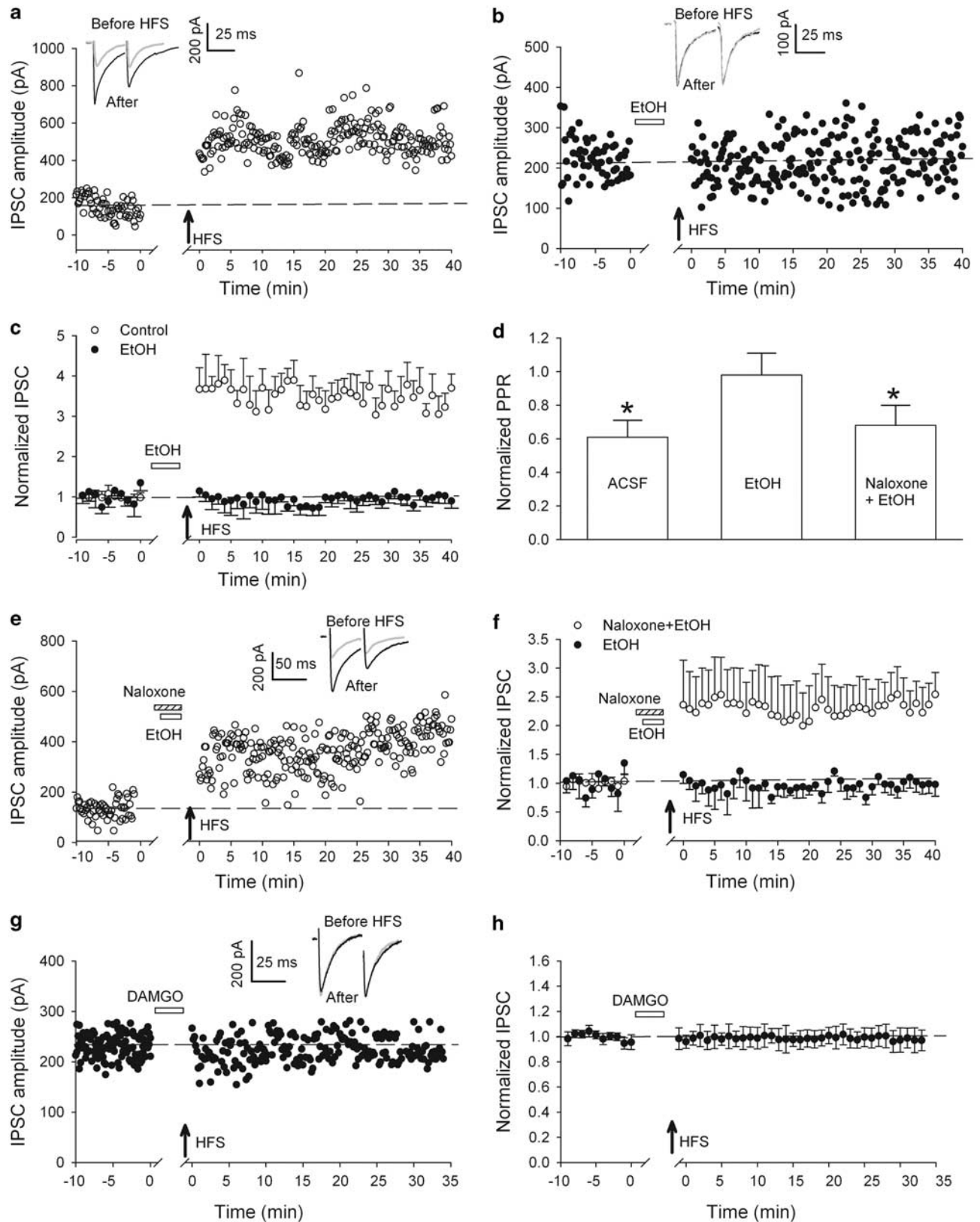
We then tested the effects of naloxone. Naloxone (10 mg/kg, i.p.) was injected 15 min before ethanol (2 g/kg, i.p.). After HFS in slices cut 24 h after naloxone plus ethanol treatment, the cells exhibited normal LTP_{GABA} (Figure 2c). In nine experiments, the averaged peak amplitude of IPSC1 was $188 \pm 36\%$ of pre-HFS values and PPR was 0.73 ± 0.13 of pre-HFS values (from 1.11 ± 0.21 in baseline to 0.81 ± 0.16 after HFS, $P < 0.05$; Figure 2d, e and f, Naloxone + EtOH). This result suggests that *in vivo* ethanol-induced suppression of LTP_{GABA} was also mediated by MORs.

Sp-cAMPS and pCPT-cGMP Potentiate GABA_A-Mediated IPSCs in Slices from Ethanol-Treated Rats

As mentioned, a single *in vivo* ethanol treatment significantly increases GABA release onto VTA dopamine neurons in slices of mice cut 24 h later (Melis *et al*, 2002). Thus, the failure of HFS to induce LTP_{GABA} in slices prepared 24 h after *in vivo* ethanol treatment might be due to saturation of GABAergic synapses, a ceiling effect, which precludes further potentiation. To test this possibility, we examined the effects of Sp-cAMPS, a stable cAMP analog, which has been shown to increase GABAergic IPSCs in many different preparations, including the VTA (Bonci and Williams, 1997). Ethanol (2 g/kg, i.p.) was injected in rats and the brain slices were prepared 24 h later. In 16 experiments, bath-applied Sp-cAMPS (20 μ M) further significantly increased the peak amplitude of IPSC1 ($189 \pm 33\%$ of pre-drug value; $P < 0.05$) measured 20 min after application of Sp-cAMPS (Figure 3a, b and e). This was accompanied by a reduction of PPR ($79 \pm 6\%$ of pre-drug level, from 1.12 ± 0.11 in pre-drug to 0.89 ± 0.08 in Sp-cAMPS, $P < 0.05$,

Figure 3a, insets; Figure 3f, Sp-cAMPS). These data indicate that Sp-cAMPS act on the presynaptic site increasing GABA release, and that *in vivo* ethanol exposure did not maximally increase GABA release, instead, ethanol produced a long-lasting inability to generate LTP_{GABA}.

A previous study showed that bath-applied pCPT-cGMP, a cGMP analog, robustly increases GABAergic synaptic currents even after *in vivo* morphine exposure (Nugent *et al*, 2007). To determine whether cGMP-dependent protein kinases (PKG) signaling is involved in the blockade of



LTP_{GABA} induced by *in vivo* ethanol exposure, pCPT-cGMP was bath applied to slices prepared from rats 24 h after ethanol exposure (2 g/kg, i.p.). In eight experiments, pCPT-cGMP (100 μ M) increased the peak amplitude of IPSC1 ($165 \pm 27\%$ of pre-drug value; $P < 0.05$, Figure 3c, d and e) and reduced the PPR ($83 \pm 7\%$ of pre-drug values; from 1.13 ± 0.13 in pre-drug to 0.94 ± 0.15 after pCPT-cGMP, $P > 0.05$, Figure 3c, insets; Figure 3e and f).

DISCUSSION

Our major finding is that exposure to ethanol, either *in vivo* or *in vitro*, blocks long-term potentiation of the GABA_A-mediated synaptic transmission (LTP_{GABA}) on dopamine neurons in the VTA of rat brains, and that ethanol-induced blockade involves the activation of MORs. We hypothesize that these neuroadaptations to ethanol provide a long-lasting mechanism by which ethanol enhances the excitability of dopamine neurons which may contribute to the reinforcing effect of ethanol.

Our recordings of HFS-induced LTP_{GABA} on VTA dopamine neurons are in keeping with previous reports (Nugent *et al.*, 2007, 2009; Nugent and Kauer, 2008). LTP_{GABA} is heterosynaptic, requiring postsynaptic NMDA (N-methyl-D-aspartate) receptor activation at glutamate synapses, but resulting from increased GABA release at neighboring inhibitory nerve terminals (Nugent *et al.*, 2007). An increased presynaptic GABA release in response to HFS was indicated by the significant reduction in the mean PPR of GABAergic synaptic currents associated with LTP_{GABA}. The paired pulse stimulation is typically used as an electrophysiological protocol to test for changes in probability of transmitter release (Melis *et al.*, 2002; Zucker and Regehr, 2002; Ye *et al.*, 2004).

We then showed that a 15 min bath application of 40 mM ethanol before HFS prevented LTP_{GABA}. There is much evidence that a change in GABAergic synaptic transmission is of great importance for the behavioral and cognitive effects of acute ethanol (Mihic, 1999; Siggins *et al.*, 2005; Weiner and Valenzuela, 2006). However, previous *in vitro* studies of ethanol on IPSCs in several brain regions generated controversial results (Siggins *et al.*, 2005; Weiner and Valenzuela, 2006). Our present study is the first to show that acute ethanol blocks LTP_{GABA}, which is consistent with our recent work showing that acute ethanol decreases IPSCs (Xiao and Ye, 2008); however, see Theile *et al.* (2008, 2009),

who reported ethanol potentiation of IPSCs on VTA dopamine neurons. The cellular mechanism by which acute application of ethanol blocks LTP_{GABA} is not yet clear. Ethanol could inhibit GABA neurons directly, for example, by activating K⁺ channels (such as μ -opioids (Johnson and North, 1992b)) or Cl⁻ channels (such as GABA, (Suzdak *et al.*, 1986)), or indirectly through NMDA receptors (Stobbs *et al.*, 2004). However, our data showed that ethanol-induced suppression of LTP_{GABA} may involve MORs. This is in line with the evidence that acute i.p. injections of ethanol increase the extracellular levels of β -endorphins in the nucleus accumbens, in the VTA and in the central amygdala (Olive *et al.*, 2001; Marinelli *et al.*, 2004; Lam *et al.*, 2008; Jarjour *et al.*, 2009). In the VTA, MORs are expressed on the GABA neurons, but not on the dopamine neurons (Svingos *et al.*, 2001). It is well documented that activation of MORs inhibits GABA neurons (Johnson and North, 1992a; Garzon and Pickel, 2001; Bergevin *et al.*, 2002; Xiao *et al.*, 2007b; Xiao and Ye, 2008; Chefer *et al.*, 2009). Thus, the inhibition of GABA neurons by MORs may contribute to the inhibition of LTP_{GABA}. This idea is further supported by the observation that a brief exposure to DAMGO prevents LTP_{GABA} (Figure 1g and h, and Nugent *et al.*, 2007). Numerous lines of evidence indicate that ethanol reinforcement mechanisms involve, at least partially, the ethanol-induced activation of the endogenous opioid system. Ethanol may alter opioidergic transmission at different levels, including the biosynthesis, release, and degradation of opioid peptides, as well as binding of endogenous ligands to opioid receptors (Mendez and Morales-Mulia, 2008). Our data suggest that a 15 min perfusion of ethanol in brain slices has altered opioidergic transmission. Future studies are warranted to determine which levels have been altered by the brief application of ethanol.

We further showed that a single *in vivo* ethanol exposure blocked LTP_{GABA} in slices prepared 24 h later, and that ethanol-induced blockade was reversed by *in vivo* naloxone treatment, indicating again the involvement of activation of MORs. *In vivo* activation of MORs has been shown to inhibit LTP_{GABA} (Nugent *et al.*, 2007; Nugent and Kauer, 2008). These results suggest an important similarity between opiate action and that of ethanol.

Previous studies have shown that bath-applied cGMP or S-nitroso-N-acetylpenicillamine, the NO donor, significantly potentiated GABAergic IPSCs recorded from VTA dopamine neurons of rats even after *in vivo* morphine exposure (Nugent *et al.*, 2007, 2009). In the current study, we

Figure 1 *In vitro* exposure to ethanol blocks LTP_{GABA} in VTA dopamine neurons involving μ -opioid receptors. (a) LTP_{GABA} in a dopamine neuron using whole-cell recording methods. High-frequency stimulation (HFS) was delivered at the point specified by the arrow. Inset: averaged IPSCs before (gray) and 20 min after HFS (black). In this and all other figures, 10 consecutive IPSCs from each condition were averaged for illustration. The dashed line in this and other figures is an extrapolation of the mean response before HFS. (b) Bath-applied ethanol blocks LTP_{GABA}. After recording the baseline IPSCs in normal ACSF for 10 min, ethanol (EtOH, 40 mM) was bath applied for 15 min and then washed out (for 6 min) before the delivery of HFS. Inset: averaged IPSCs before (gray) and 20 min after HFS (black). (c) Average of 11 experiments from dopamine neurons (Control LTP_{GABA}, open circles; ethanol cells, filled circles). (d) Normalized PPR at 20 min after HFS under a variety of experimental conditions. The PPR at 20 min was normalized to the pre-HFS PPR values. (* $P < 0.05$, Student's *t*-test for PPR after HFS compared with pre-HFS values). (e) Bath-applied naloxone blocked the inhibition of LTP_{GABA} induced by bath-applied EtOH. After recording the baseline IPSCs in normal ACSF for 10 min, naloxone (5 μ M) was bath applied for 5 min before the application of the mixture containing naloxone (5 μ M) and ethanol (40 mM) for 15 min. HFS was delivered 6 min after washout of the mixture (at the arrow). Inset: averaged IPSCs before (gray) and 20 min after HFS (black). (f) Average of 9 experiments from dopamine neurons (Naloxone + EtOH, open circles; EtOH alone, filled circles). (g) Bath-applied DAMGO blocks LTP_{GABA}. After recording the baseline IPSCs in normal ACSF for 10 min, DAMGO (1 μ M) was bath applied for 15 min and then washed out (for 6 min) before the delivery of HFS. Inset: averaged IPSCs before (gray) and 20 min after HFS (black). (h) Average of six experiments from dopamine neurons.

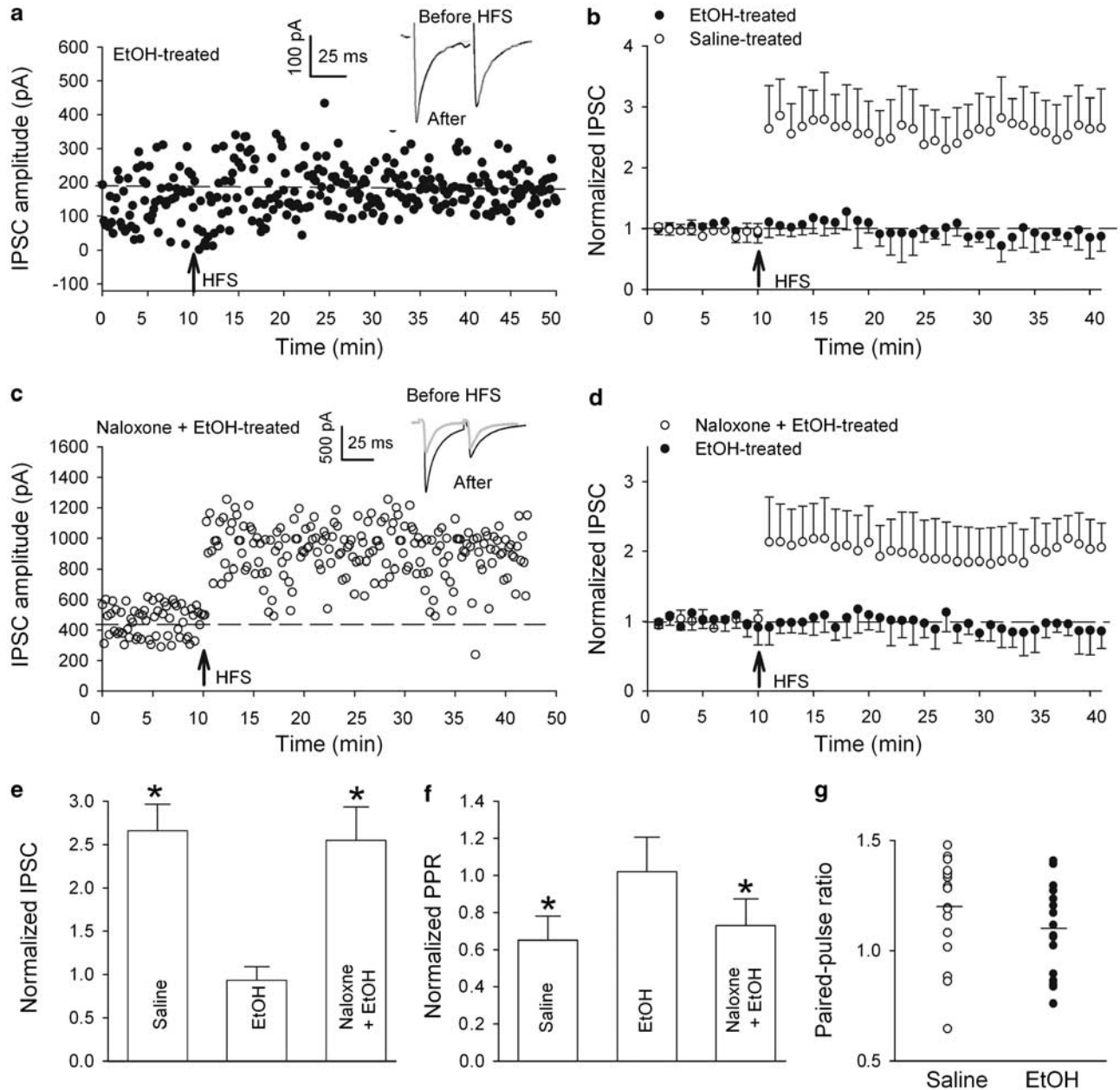


Figure 2 *In vivo* exposure to ethanol blocks LTP_{GABA} involving the activation of MORs. (a) LTP_{GABA} was blocked in dopamine neurons in slices prepared 24 h after a single *in vivo* ethanol exposure. Insets: averaged IPSCs before (gray) and 20 min after HFS (black). (b) Average of six experiments from slices prepared 24 h after either saline (open circles) or ethanol (filled circles) treatment. (c) *In vivo* exposure to naloxone prevents *in vivo* ethanol-induced blockade of LTP_{GABA} in slices prepared 24 h later. Insets: averaged IPSCs before (gray) and 20 min after HFS (black). (d) Average of six experiments from slices prepared 24 h after ethanol (filled circles) or naloxone + ethanol (open circles) injection. (e) Bar chart illustrating the magnitude of LTP_{GABA} 20 min after HFS in various experimental conditions (* $P < 0.05$ compared with pre-HFS values). (f) Normalized Paired-pulse ratio (PPR) under a variety of experimental conditions (* $P < 0.05$ compared with pre-HFS values). (g) PPRs are similar in slices 24 h after *in vivo* injection with either saline (open circles, $n = 14$) or ethanol (filled circles, $n = 14$) treatment. Each symbol represents the PPR value for one animal (mean basal PPR values (black horizontal bars) from saline-treated rats: 1.20 ± 0.05 , $n = 14$; ethanol-treated rats: 1.09 ± 0.05 , $n = 14$, $P = 0.14$).

showed that bath-applied pCPT-cGMP increased the peak amplitude of GABAergic IPSCs and reduced the PPR on slices prepared from rats 24 h after ethanol exposure. These data further suggest some of the similarities between the effects of morphine and ethanol. Interestingly, under our experimental conditions, the basal PPR of GABA_A IPSCs in slices prepared from rats 24 h after *in vivo* ethanol exposure was indistinguishable from those treated with saline.

Furthermore, bath-applied Sp-cAMPS (and pCPT-cGMP) further increased the peak amplitude of GABAergic IPSCs in slices of ethanol-treated rats, indicating that the GABAergic synapses are not saturated. Conversely, a previous study by Melis and colleagues showed that in slices prepared from mice 24 h after *in vivo* ethanol exposure, the PPR of GABA_A IPSCs was significantly smaller than those treated with saline. In addition, forskolin, an activator of adenylyl

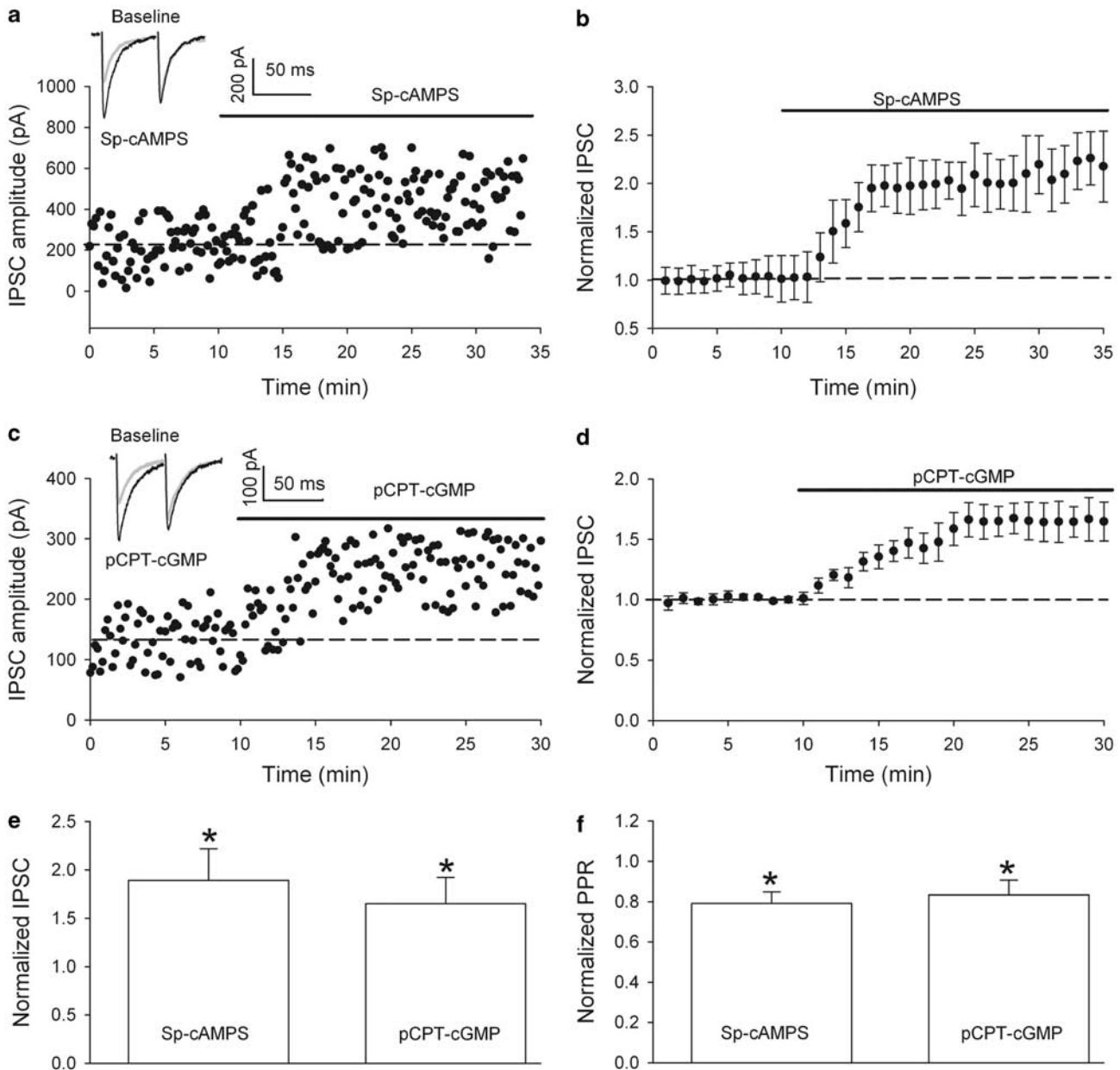


Figure 3 Sp-cAMPS and pCPT-cGMP further potentiate GABAergic IPSCs in slices prepared 24h after *in vivo* ethanol treatment (2g/kg, i.p.). (a) Bath-applied Sp-cAMPS (20 μ M) increased the amplitude and reduced the paired-pulse ratio (PPR) of GABAergic IPSCs on dopamine neurons in slices from ethanol-treated rats. Insets: averaged IPSCs before (gray) and 20 min after Sp-cAMPS (black). (b) Average of 16 experiments from slices prepared 24 h after ethanol treatment. Bath-applied Sp-cAMPS (20 μ M) significantly potentiated GABAergic IPSCs ($P < 0.05$). (c) Bath-applied pCPT-cGMP (100 μ M) increased the amplitude and reduced the PPR of GABAergic IPSCs on dopamine neurons in slices from ethanol-treated rats. Insets: averaged IPSCs before (gray) and 20 min after pCPT-cGMP (black) treatment. (d) Average of eight experiments from slices prepared 24 h after ethanol treatment. Bath-applied pCPT-cGMP (100 μ M) increased the amplitude of GABAergic IPSCs. (e) The bar chart shows that at 20 min after the application of Sp-cAMPS, or pCPT-cGMP, the amplitude of IPSCs recorded from slices prepared 24 h after ethanol treatment was significantly increased ($*P < 0.05$, compared with baseline before application of Sp-cAMPS, $n = 16$, or pCPT-cGMP, $n = 8$). (f) At 20 min after application of Sp-cAMPS, or pCPT-cGMP, the PPR of IPSCs recorded from slices prepared 24 h after ethanol treatment was significantly increased ($*P < 0.05$, compared with baseline before application of Sp-cAMPS, $n = 16$, or pCPT-cGMP, $n = 8$).

cyclase failed to potentiate GABAergic IPSCs in slices of ethanol-treated mice, indicating that the GABAergic synapses are saturated (Melis *et al.*, 2002). The mechanism underlying the apparent difference between our results and that of Melis's is unclear. A simplest explanation is that rats are different from mice regarding their responses to a *in vivo* ethanol treatment. In support of this possibility, a

previous study has shown significant differences in ethanol response between mice and rats. Mice show rapid rise and elimination rates and higher peak blood ethanol concentrations. Rats show more gradual profiles, but retain the ethanol in their bloodstream for longer periods (Livy *et al.*, 2003). Intriguingly, our data are consistent with a recent report that, although the cAMP-PKA system potentiates

GABA_A synapses, synaptically induced LTP_{GABA} is independent of PKA activation (Nugent *et al*, 2009).

As mentioned in the Introduction, evidence implicating the endogenous opioid system in the development and maintenance of alcoholism is growing. The currently available literature suggests that ethanol increases opioid neurotransmission and that this activation is part of the mechanism responsible for its reinforcing effects (Oswald and Wand, 2004). In keeping with this idea, in the current study, we showed that naloxone, a MOR antagonist, reversed ethanol-induced block of LTP_{GABA}. This is also consistent with our recent finding that ethanol suppressed VTA GABA neurons through the activation of MORs (Xiao *et al*, 2007b; Xiao and Ye, 2008). Our results show that similar to opioids, exposure to ethanol also blocks LTP_{GABA}.

Acute ethanol exposure increases glutamate transmission to VTA dopamine neurons (Deng *et al*, 2009; Xiao *et al*, 2009). The loss of normal inhibitory control, coupled with potentiation of excitatory synapses, may represent neuroadaptations that increase the addictive properties of ethanol. Our current work provides an additional example of drug-induced adaptation of GABAergic synapses in response to *in vivo* and *in vitro* drug exposure. These findings support the hypothesis that changes in synaptic plasticity may be critical for the development of addiction. Uncovering the cellular mechanisms implicated in particular forms of synaptic plasticity in the VTA, a brain region related to addiction, could advance our knowledge of drug addiction.

ACKNOWLEDGEMENTS

This work was made possible by the support of NIH grants to JHY (R01AA016964; R21AA015925 and R21AA016618). We are grateful to Dr K Krnjevic' for his helpful comments on this work.

DISCLOSURE

The authors declare no conflict of interest.

REFERENCES

- Bergevin A, Girardot D, Bourque MJ, Trudeau LE (2002). Presynaptic mu-opioid receptors regulate a late step of the secretory process in rat ventral tegmental area GABAergic neurons. *Neuropharmacology* 42: 1065–1078.
- Bonci A, Williams JT (1997). Increased probability of GABA release during withdrawal from morphine. *J Neurosci* 17: 796–803.
- Chefer VI, Denoroy L, Zapata A, Shippenberg TS (2009). Mu opioid receptor modulation of somatodendritic dopamine overflow: GABAergic and glutamatergic mechanisms. *Eur J Neurosci* 30: 272–278.
- Chen BT, Bowers MS, Martin M, Hopf FW, Guillory AM, Carelli RM *et al* (2008). Cocaine but not natural reward self-administration nor passive cocaine infusion produces persistent LTP in the VTA. *Neuron* 59: 288–297.
- Deng C, Li KY, Zhou C, Ye JH (2009). Ethanol enhances glutamate transmission by retrograde dopamine signaling in a postsynaptic neuron/synaptic bouton preparation from the ventral tegmental area. *Neuropsychopharmacology* 34: 1233–1244.
- Di Chiara G, North RA (1992). Neurobiology of opiate abuse. *Trends Pharmacol Sci* 13: 185–193.
- Gallegos RA, Lee RS, Criado JR, Henriksen SJ, Steffensen SC (1999). Adaptive responses of gamma-aminobutyric acid neurons in the ventral tegmental area to chronic ethanol. *J Pharmacol Exp Ther* 291: 1045–1053.
- Garzon M, Pickel VM (2001). Plasmalemmal mu-opioid receptor distribution mainly in nondopaminergic neurons in the rat ventral tegmental area. *Synapse* 41: 311–328.
- Herz A (1997). Endogenous opioid systems and alcohol addiction. *Psychopharmacology (Berl)* 129: 99–111.
- Hyman SE, Malenka RC (2001). Addiction and the brain: the neurobiology of compulsion and its persistence. *Nat Rev Neurosci* 2: 695–703.
- Hyman SE, Malenka RC, Nestler EJ (2006). Neural mechanisms of addiction: the role of reward-related learning and memory. *Ann Rev Neurosci* 29: 565–598.
- Hyttia P, Kiianmaa K (2001). Suppression of ethanol responding by centrally administered CTOP and naltrindole in AA and Wistar rats. *Alcohol Clin Exp Res* 25: 25–33.
- Jarjour S, Bai L, Gianoulakis C (2009). Effect of acute ethanol administration on the release of opioid peptides from the midbrain including the ventral tegmental area. *Alcohol Clin Exp Res* 33: 1033–1043.
- Johnson SW, North RA (1992a). Opioids excite dopamine neurons by hyperpolarization of local interneurons. *J Neurosci* 12: 483–488.
- Johnson SW, North RA (1992b). Two types of neuron in the rat ventral tegmental area and their synaptic inputs. *J Physiol* 450: 455–468.
- Kauer JA, Malenka RC (2007). Synaptic plasticity and addiction. *Nat Rev Neurosci* 8: 844–858.
- Kim SG, Stromberg MF, Kim MJ, Volpicelli JR, Park JM (2000). The effect of antagonists selective for mu- and delta-opioid receptor subtypes on alcohol consumption in C57BL/6 mice. *Alcohol* 22: 85–90.
- Krishnan-Sarin S, Wand GS, Li XW, Portoghesi PS, Froehlich JC (1998). Effect of mu opioid receptor blockade on alcohol intake in rats bred for high alcohol drinking. *Pharmacol Biochem Behav* 59: 627–635.
- Lam MP, Marinelli PW, Bai L, Gianoulakis C (2008). Effects of acute ethanol on opioid peptide release in the central amygdala: an *in vivo* microdialysis study. *Psychopharmacology (Berl)* 201: 261–271.
- Livy DJ, Parnell SE, West JR (2003). Blood ethanol concentration profiles: a comparison between rats and mice. *Alcohol* 29: 165–171.
- Mansour A, Fox CA, Akil H, Watson SJ (1995). Opioid-receptor mRNA expression in the rat CNS: anatomical and functional implications. *Trends Neurosci* 18: 22–29.
- Margolis EB, Fields HL, Hjelmstad GO, Mitchell JM (2008). Delta-opioid receptor expression in the ventral tegmental area protects against elevated alcohol consumption. *J Neurosci* 28: 12672–12681.
- Margolis EB, Hjelmstad GO, Bonci A, Fields HL (2003). Kappa-opioid agonists directly inhibit midbrain dopaminergic neurons. *J Neurosci* 23: 9981–9986.
- Margolis EB, Lock H, Chefer VI, Shippenberg TS, Hjelmstad GO, Fields HL (2006). Kappa opioids selectively control dopaminergic neurons projecting to the prefrontal cortex. *Proc Natl Acad Sci USA* 103: 2938–2942.
- Marinelli PW, Quirion R, Gianoulakis C (2004). An *in vivo* profile of beta-endorphin release in the arcuate nucleus and nucleus accumbens following exposure to stress or alcohol. *Neuroscience* 127: 777–784.
- Melis M, Camarini R, Ungless MA, Bonci A (2002). Long-lasting potentiation of GABAergic synapses in dopamine neurons after a single *in vivo* ethanol exposure. *J Neurosci* 22: 2074–2082.
- Mendez M, Leriche M, Carlos Calva J (2003). Acute ethanol administration transiently decreases [3H]-DAMGO binding to

- mu opioid receptors in the rat substantia nigra pars reticulata but not in the caudate-putamen. *Neurosci Res* **47**: 153–160.
- Mendez M, Morales-Mulia M (2008). Role of mu and delta opioid receptors in alcohol drinking behaviour. *Curr Drug Abuse Rev* **1**: 239–252.
- Mihic SJ (1999). Acute effects of ethanol on GABA and glycine receptor function. *Neurochem Int* **35**: 115–123.
- Nugent FS, Kauer JA (2008). LTP of GABAergic synapses in the ventral tegmental area and beyond. *J Physiol* **586**: 1487–1493.
- Nugent FS, Niehaus JL, Kauer JA (2009). PKG and PKA signaling in LTP at GABAergic synapses. *Neuropsychopharmacology* **34**: 1829–1842.
- Nugent FS, Penick EC, Kauer JA (2007). Opioids block long-term potentiation of inhibitory synapses. *Nature* **446**: 1086–1090.
- Olive MF, Koenig HN, Nannini MA, Hodge CW (2001). Stimulation of endorphin neurotransmission in the nucleus accumbens by ethanol, cocaine, and amphetamine. *J Neurosci* **21**: RC184.
- Oswald LM, Wand GS (2004). Opioids and alcoholism. *Physiol Behav* **81**: 339–358.
- Siggins GR, Roberto M, Nie Z (2005). The tipsy terminal: presynaptic effects of ethanol. *Pharmacol Ther* **107**: 80–98.
- Steffensen SC, Svingos AL, Pickel VM, Henriksen SJ (1998). Electrophysiological characterization of GABAergic neurons in the ventral tegmental area. *J Neurosci* **18**: 8003–8015.
- Stein EA (1993). Ventral tegmental self-stimulation selectively induces opioid peptide release in rat CNS. *Synapse* **13**: 63–73.
- Stobbs SH, Ohran AJ, Lassen MB, Allison DW, Brown JE, Steffensen SC (2004). Ethanol suppression of ventral tegmental area GABA neuron electrical transmission involves N-methyl-D-aspartate receptors. *J Pharmacol Exp Ther* **311**: 282–289.
- Suzdak PD, Schwartz RD, Skolnick P, Paul SM (1986). Ethanol stimulates gamma-aminobutyric acid receptor-mediated chloride transport in rat brain synaptoneuroosomes. *Proc Natl Acad Sci USA* **83**: 4071–4075.
- Svingos AL, Garzón M, Colago EE, Pickel VM (2001). Mu-opioid receptors in the ventral tegmental area are targeted to presynaptically and directly modulate mesocortical projection neurons. *Synapse* **41**: 221–229.
- Theile JW, Morikawa H, Gonzales RA, Morrisett RA (2008). Ethanol enhances GABAergic transmission onto dopamine neurons in the ventral tegmental area of the rat. *Alcohol Clin Exp Res* **32**: 1040–1048.
- Theile JW, Morikawa H, Gonzales RA, Morrisett RA (2009). Role of 5-hydroxytryptamine_{2C} receptors in Ca²⁺-dependent ethanol potentiation of GABA release onto ventral tegmental area dopamine neurons. *J Pharmacol Exp Ther* **329**: 625–633.
- Weiner JL, Valenzuela CF (2006). Ethanol modulation of GABAergic transmission: the view from the slice. *Pharmacol Ther* **111**: 533–554.
- Xiao C, Shao XM, Olive MF, Griffin III WC, Li KY, Krnjevic K *et al* (2009). Ethanol facilitates glutamatergic transmission to dopamine neurons in the ventral tegmental area. *Neuropsychopharmacology* **34**: 307–318.
- Xiao C, Ye JH (2008). Ethanol dually modulates GABAergic synaptic transmission onto dopaminergic neurons in ventral tegmental area: role of mu-opioid receptors. *Neuroscience* **153**: 240–248.
- Xiao C, Zhou C, Li K, Ye JH (2007a). Presynaptic GABA receptors facilitate GABAergic transmission to dopaminergic neurons in the ventral tegmental area of young rats. *J Physiol* **580**: 731–743.
- Xiao C, Zhang J, Krnjevic K, Ye JH (2007b). Effects of ethanol on midbrain neurons: role of opioid receptors. *Alcohol Clin Exp Res* **31**: 1106–1113.
- Ye JH, Wang F, Krnjevic K, Wang W, Xiong ZG, Zhang J (2004). Presynaptic glycine receptors on GABAergic terminals facilitate discharge of dopaminergic neurons in ventral tegmental area. *J Neurosci* **24**: 8961–8974.
- Ye JH, Zhang J, Xiao C, Kong JQ (2006). Patch-clamp studies in the CNS illustrate a simple new method for obtaining viable neurons in rat brain slices: glycerol replacement of NaCl protects CNS neurons. *J Neurosci Methods* **158**: 251–259.
- Zucker RS, Regehr WG (2002). Short-term synaptic plasticity. *Annu Rev Physiol* **64**: 355–405.